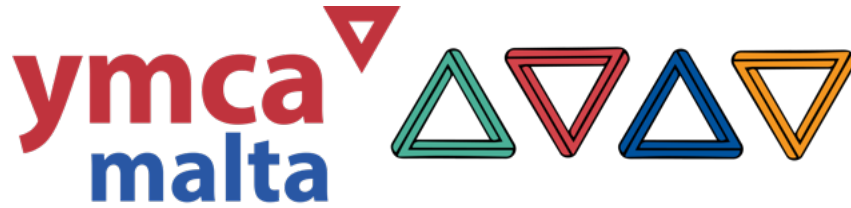


NEWSLETTER

HIGHLIGHTS FROM YMCA MALTA FOR THE MONTH OF MARCH 2023



April 2023 - Issue 67

HOMELESS HUMAN EVOLUTION



Homeless Human Evolution (HHE) is a research project through which we analysed a decade of data about homeless collected by YMCA. The research exposed a truth that goes against the common perception of who and how people are ending up without a home in Malta.



- The majority of people seeking shelter is **Maltese**
- There is a concerning rise of **whole families** becoming homeless, as indicated by the increasing number **homeless minors** between the ages of 0 and 4 years old
- **Financial issues** amount for the largest number of homeless cases, followed by **family issues** and then **renting problems**

The information aims to provide NGOs, government and policymakers with the necessary statistics required to create holistic, effective and humane policy.

In addition to presenting the finding of the research, a sharing of experiences by a homeless person and a sketch allowed the audience to dive deeper into the realities present on our islands.

To read the research report, kindly follow this link: <http://ymcamalta.org/audit/99ab67f270.pdf>



This project has been funded through the Voluntary Organisations Project Scheme managed by the Malta Council for the Voluntary Sector supported by the Ministry for Inclusion, Voluntary Organisations and Consumer Rights (MIVC). This project/publication reflects the views only of the author, and the MCVS cannot be held responsible for the content or any use which may be made of the information contained therein.

INTERNATIONAL WOMEN'S DAY

For International Women's Day this year, we teamed up with [@_doublem](#) selling flowers to passers-by and Valletta residents!



WE ARE HERE FOR YOU

It is okay to ask for help



Contact our counsellors and psychotherapists on 27674278 or nicola.ymcamalta@gmail.com



The YMCA Malta prevention department believes in the importance of regular practices that improve your wellbeing and prepare you better for dealing with life's adversities. The department provides services to the community at large based on the philosophy of preventing members of the community from harming a base of good enough self-development whilst promoting active citizenship, community engagement, and providing a safe space for healthy wellbeing. This includes good health practices for mental, physical, and sexual health.

Our team of dedicated Warranted & Trainee Psychotherapists provides psychotherapy and counseling sessions to clients who wish to work on themselves and improve their mental health against a donation to YMCA of €5.00 per session which covers the upkeep of the premises and the coordination of the service, however, this can be waived for clients who genuinely can't afford it.

Who is this service for?

This service is for anyone who wishes to improve their life by learning how to manage stress and anxiety, work on symptoms of mental health difficulties, wishes to process difficulties in their life, or deal better with hardships, improve their relationships with partners, families, children, or any other difficulty in life which you wish to work on.

This service is not an emergency service and therefore does not cater to crisis situations and is on an appointment basis.

How to make use of this service?

Anyone who wishes to make use of this service can contact the Head of Prevention on nicola.ymcamalta@gmail.com, by providing name, surname and contact information of the client. The prevention department will contact you to conduct a referral and assign the right professional for you.

ME, MYSELF & ARTS



The first session of Me, Myself & Arts were successfully held, and participants were able to use quality items thanks to the support of M.T.S Arts & Crafts – Importers and Distributors! Through this project, young people are given the space, support and opportunity to explore the self, through the means of different mediums of art. The aim is the empowerment of self-confidence, and self-esteem and enhance concentration. The workshops are based on Montessori techniques, a method of education that is based on self-directed activity, hands-on learning, and collaborative play. In Montessori classrooms, students make creative choices in their learning, while the classroom and the trained teacher offer age-appropriate activities to guide the process.

This project has been funded by the Be Active Scheme managed by Aġenzija Żgħażaġh.

REMEMBERING MIGRANTS WHO DIED AT SEA



For Global Day of CommemorAction for the Dead, Missing, Persecuted and Forcefully Disappeared at Sea and at the Borders, YMCA joined Moviment Graffiti and another 45 organisations in Malta in an event to remember the 1,971 people died or disappeared in the Mediterranean in 2021.

In a press released, the 47 organisations emphasised that:

(...) It is an established fact that Maltese authorities collaborate with the Libyan Coastguard in illegal pushbacks. We regularly read reports of Malta ignoring distress calls and refusing disembarkation to the rescued. We witness asylum seekers being subjected to degrading and humiliating treatment. The imprisonment of people on Captain Morgan boats in 2020 is a tragic case in point.

We remind authorities that these people are mothers, fathers, sisters, brothers and children with names.

We call on authorities to remember that saving lives at sea is a legal and moral obligation. Human rights law and international law bind states to safeguard the right to seek asylum and to treat asylum seekers with respect and dignity at every stage of the process.

We call on EU institutions to offer strong assistance measures to ensure Malta and other Member States can offer the safety and dignity migratory peoples are entitled to. (...)

[Click here to read the whole presse release](#)



**A big THANK YOU to all of our
readers!**

If you would like to support us further,
please call:

51702068 - €15

51802007 - €25

51902073 - €50



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