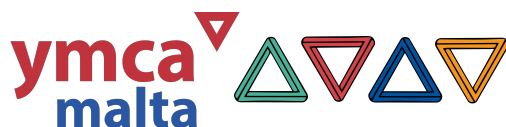




OUTREACH PREVENTION RESIDENTIAL COMMUNITY AFTERCARE



## Highlights

January 2025 - Issue 88

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### ***Y'Academy Workshop***

#### ***Workplace Dynamics in Therapy Workshop***

Work plays a crucial role in our clients' lives—it can be a source of fulfilment or distress. As therapists, understanding workplace dynamics helps us better relate, assess, and support our clients.

Join Adrian Xuereb Archer on 8th March for a 2-hour workshop exploring how work environments shape mental health and therapy. Gain insights on:

- Workplace dynamics & their impact on therapy
- Key challenges clients face at work
- How therapists can position themselves effectively
- Recognising & assessing workplace-related distress

Don't miss this opportunity! Stay informed, enhance your practice, and support your clients more effectively.

[REGISTER NOW](#)

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### ***Final Quarterly Meeting 2024***

In January 2024, members of each team met up to share statistics as well as the work done in the final quarter of 2024.

The numbers tell a heartbreaking story:

- 38 cases per month sought shelter;
- 453 cases (244 Maltese nationals) of homelessness in total throughout 2024;
- 30 families affected, including 72 minors whose lives have been uprooted;
- 150 roofless cases sleeping on the streets;
- 115 individuals every day were serviced by YMCA through shelters & community.

These are not just statistics—they are real people, real families, real children. Behind each number is a story of struggle, resilience, and hope for a better future.



## ***Art Explore: Empowering the Peace Doves***

As we welcome a New Year, we remain committed to our mission of battling homelessness and providing hope to those in need. This month saw the launch of the first video showcasing the work done on the Art Explore: Empowering the Peace Doves project.

Stay with us. Support us. Together, we can create social justice.

Art Explore: Empowering the Peace Doves is financially supported by Arts Council Malta

[WATCH HERE](#)

## ***Exploitation of Homelessness***





Back in 2023, we reported on forms of modern-day slavery where some construction workers were made to sleep on construction sites lacking basic amenities, misinterpreted as rented spaces by their employers.

In January, we visited sites to expose the systemic exploitation of homelessness where these workers are expected to spend their days and nights as part of their employment and payment.

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## *Thrift for a Cause this Valentine's Day*

Celebrate love, sustainability, and giving back at the YMCA Charity & Vintage Shop in Haż-Żabbar!

📖 Romance & classic secondhand books – only €2

👜 4 items for €10 (trousers, coats, dresses, shoes, bags & accessories!)

Every purchase helps YMCA Malta support people in need. Shop preloved, spread love, and make a difference!

📍 Find us at: YMCA Charity & Vintage Shop, 2, Triq iz-Zabra, Haż-Żabbar



# Thank you/Grazzi ħafna

## Needs Support Programme

The support of the following organisations is ongoing in our [Needs Support Programme](#):

- Hartons
- Victory Kitchen
- Malta Food bank
- The Alfred Mizzi Foundation
- TTBL Limited
- Panku Streetfood
- Black Bull
- Maypole

An enormous thank you to these organisations. Your philanthropy is much appreciated.

If you or an organisation you work for would like to contribute to the Needs Support Programme and help us gather food and other essentials for our programmes, please do not hesitate to contact us.



DONATE NOW



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