

Highlights

March 2025 - Issue 91

59 from 25 countries!

From **January to March 2025**, this program welcomed **59 individuals volunteers** joined us in supporting our mission to empower and uplift those facing social exclusion. Through internships, job shadowing, school placements, and hands-on learning experiences, these participants contributed to our services while deepening their understanding of social work and community care.



Y After School Club

Returned this March welcoming young people aged **8 to 16**, running every **Wednesday and Friday** from **2:30pm to 6:00pm** at **YMCA's Family Centre in Ta' Xbiex and YEP Centre in Żabbar**. This preventative services will run until the end of June 2025, offering a safe and engaging space for youngsters to complete homework, take part in games and creative activities, enjoy movies, and build friendships in a supportive environment.


Led by our dedicated team of social work and youth work students, participants may choose to join either the Ta' Xbiex or Żabbar group. While the program is completely free, donations are always welcome to support our mission and outreach.

Join our Y After School Club



Y Visible - Detached Outreach Service





Our detached outreach initiative continues to operate on the ground, reaching individuals of all ages and genders who are experiencing rooflessness. We remain committed to offering not only essential items but also emotional support and reliable information to those in need. In March, our dedicated team took part in a specialized training session aimed at strengthening our outreach practices—equipping us with the tools to deliver even more compassionate, informed, and impactful support on the streets.

Between January and March 2025, YMCA supported 29 roofless cases.



Learning that Makes a Difference!



YAcademy

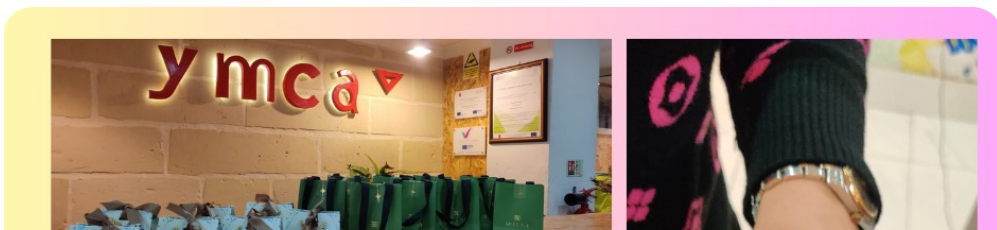
Empowering Through Knowledge

Y Academy offers expert-led workshops designed to enhance skills and knowledge both within our organization and for the wider community. Our training sessions cover a variety of topics, equipping participants with practical tools for personal and professional growth. By attending, you not only invest in yourself but also support our mission, as proceeds contribute to our charitable initiatives.



[Visit Our Y Academy Page](#)

Women's Day at YMCA





YMCA is proud to share that 59% of our paid staff are women — a reflection of strength, leadership, and resilience. Thanks to the thoughtful generosity of Carisma Collections & Se Luna, our incredible team was gifted with beautiful jewelry as a meaningful reminder of their power, worth, and the impact they make every day.

Facelift My Shelter

We invite you to become a partner in YMCA's mission to create lasting change for individuals experiencing homelessness through this project. By donating to this project you can make a powerful, positive impact. Together, we can give individuals the support and resources they need to rebuild their lives. Your support shows our community that you are dedicated to making a difference where it matters most. Let's work together to turn this vision into a reality.

One of our shelters, Dar Niki Cassar, is in desperate need of renovations:

- Renovations of the Facade as well as the Balcony
- Installation of Air-Conditioning
- Installation of Solar Panels

These structural improvements are essential to ensure the safety, dignity, and well-being of the individuals and families who rely on our shelter for stability and a fresh start.

Your donation will help provide a secure and welcoming environment for those in need, restoring not just the building but also the hope of those who call it home. By contributing, you are directly enhancing the quality of life for individuals experiencing homelessness, ensuring they have a safe and dignified space to heal, grow, and work toward independence.

Donors supporting this project:





More on this Refurbishment Project

Thank you/Grazzi ħafna

Needs Support Programme

Launched in 2021, the [Needs Support Programme](#) (NSP) was created to tackle poverty and homelessness by addressing the individual needs of those we support throughout the year. Since its inception, the program has been sustained through the generosity of individuals, businesses, and local establishments.

NSP serves individuals experiencing homelessness and residing in our shelters, those reached through our Y Visible outreach service during the night, as well as individuals and families living in the community who are either facing poverty or at risk of becoming homeless.

Through our experience, we've learned that poverty looks different for everyone. Some individuals may not have the facilities to cook, while new parents might urgently need nappies, toiletries, or cleaning products. This is why NSP goes beyond the concept of a traditional food bank—beneficiaries are empowered to benefit from items that best meet their specific needs, whether that's raw ingredients, ready-made meals, or essential household items. The program is designed to offer dignity, choice, and meaningful support to those navigating difficult circumstances.

HUGE Shoutout to **MCAST CSR, Welbee's Supermarket, St. Cecilia's Childcare & Kindergarten, San Anton School, It-Tajra Childcare Centre, Ilwien Childcare Centre, Il-Perla Kindergarten, Daisy Park Kindergarten, Little Einsteins** for joining the NSP drive in March and donating towards this service.





Donors that supported YMCA through March

- Hartons
- Victory Kitchen
- Malta Food bank
- The Alfred Mizzi Foundation
- Black Bull
- Maypole

An enormous thank you to these organisations. Your philanthropy is much appreciated.

If you or an organisation you work for would like to contribute towards our cause, please do not hesitate to contact us.



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