

Highlights

May 2024 - Issue 81

Summer's Coming: Get Ready 4 Camp!



YMCA Malta will send six young representatives and two leaders to YMCA Europe's Youth Summer Camp in August near Frankfurt Am Main. Kyle Matthew Attard from YMCA Malta had the pleasure of participating in the camp preparation weekend.



Our open call for applicants went through the roof and all participants have been notified of their upcoming attendance abroad! Kyle is now developing the courses, workshops and activities that attendees will get the chance to enjoy, together with their new friends from across Europe.

The Youth Speak: My Voice 2 Europe Project



The Voice 2 Europe Project empowered young people across Malta to research and bring to the fore the issues they deem important for the future of us all. The findings of this year-long project were presented to MEPs and MEP Candidates for the upcoming EU Elections at Valletta Design Cluster.

This project is unique because it gave youth a direct audience with some of our representatives, sparking an open dialogue on how we can all make society more sustainable, healthy and equitable.

Have a look at the outcomes of this project; we trust you will be as proud of our youth as we are!

[Outcomes](#)

Wanna' Learn Japanese?





In collaboration with our buddies from Japan, we are offering classes in Japanese language, culture and origami. Native speakers will instruct students in the ways of this ancient land that has fascinated the West for centuries.

Each class is only €10 and all proceeds go straight to the Y. If you would like to join, shoot us an email: events.ymcamalta@gmail.com

Domo arigato gozaimasu/Grazzi ħafna!

Eye-witness: Ħamrun Drop-in Centre

Roxanne Clarke and her fellow social work students approached us to carry out a piece of qualitative research on poverty in Malta. The following eye-witness report confronts the reader with this reality at our Drop-in Centre in Ħamrun.

Our Centre provides essential services to approximately 900 of the most vulnerable people in Malta every month. We offer free, self-service laundry, bathing and cooking facilities, as well as access to lockers, internet and clothing, linen donations. The Centre also acts as a vital link between service users and professional social and youth workers.

[Read the Report](#)

Bratislava Days: Europe's Coming Wave

We are always proud to represent Malta at YMCA Europe happenings. The 6th YMCA Leadership Academy Cohort was hosted in Bratislava where 21 communities came together in the Slovakian capital.

The project '*Youth Educates: strengthening the capacity of youth civil society organisations to run non-formal education activities*' featured a series of workshops, discussions and networking opportunities on compassionate, collaborative and logical stewardship.



ASKing Youth Organisations

Our team attended the ASKing Youth Organisations conference as a follow-up to an earlier gathering that had the theme '*Rethinking Youth Organisations: Locating Quality in Work with Young People*'. YMCA Malta works closely with [Aġenzija Żgħażaġh](#); together we are shaping the future of youth empowerment initiatives.





Break Free! Somatic Dance Therapy

As part of our ongoing Y'Academy educational workshops, we are proud to announce an innovative collaboration with internationally renowned Somatic & Dance-Movement Therapist Helen Ilich.



movementcontinuum

June 15, 10am - 12:30pm
2 Triq Iz-Zabra, Haż-Żabbar
Early Bird Fee: €35
Thereafter: €40

Rediscovering Joy!

Somatic Dance Therapy / Helen Ilich

Y'ACADEMY

We invite people from all walks of life aged 18+ to come and explore movement as a form of authentic self-expression. In an intimate setting of max. 12 participants, attendees are guided deep into their imaginations. We will use art to build resilience, work through whatever may be holding us back, and come away feeling total peace in our beautiful bodies.

Earlybird fee: €35. Places are filling up so if you'd like to try this groundbreaking new form of therapy, sign up now!

[Sign up](#)

European Solidarity: Better Together

Along with several other Maltese NGOs, we were invited to attend an information session on funding opportunities with the European Solidarity Corps. The Corps works with organisations who are active in strengthening democratic participation, fostering inclusive societies and promoting educational opportunities. Well, what can we say? That's us!



Executive Decisions: All for One, One for All

We are wrapped to announce that our YMCA Malta Chairperson is now serving on the European Executive Committee in the role of Assessor. This achievement highlights the outstanding level of international collaboration that our local Y is striving towards.

Care Everywhere: Nursing the Homeless

We hosted a working session for those interested in the crucial role nursing can

play in caring for the homeless. Participants from Mount Carmel Hospital alongside others in healthcare were presented with research carried out in Malta. The findings? Nursing services must be integrated into services on offer for the homeless. If you would like to find out more about this topic, check out this insightful study from the UK.



[Find out more](#)

Consider Helping the Y

Alongside the annual subsidy we receive from the Maltese Government, we rely on the generosity of individuals—both public and private—to keep us going. Whether you, the company you work for, or anyone else in your circle has ever considered donating to a solid cause, we invite you to think of us. There are many ways to donate, but you can do it right now by simply sending a text to the numbers listed below, or with Mobile Pay or Revolut.

Donate by SMS

Donate €4.66

Send a blank message to **50618088**

Donate €11.65

Send a blank message to **50619212**

Donate with Mobile Pay

79550065

Donate with Revolut

BIC: **REVOLT21**

IBAN: **LT 6132 5001 9883 319 222**

*Please include your full name and contact number.

The '*Doris Cusens Fund – Growing Independence*' is also a fantastic way to give to individuals in need of extra support. It offers a variety of material and immaterial resources—everything from public transport help, mobile phone cards, to baby food and study materials. Every cent donated goes directly to those who apply for assistance through this fund.

Grow Independence

Thank you, Grazzi ħafna

HSBC

For carrying out a donation drive on behalf of YMCA Malta and other local NGOs.

Needs Support Programme

The following organisations participated in our [Needs Support Programme](#) in the 2nd quarter:

- St. Josephs School
- Malta Food Bank foundation
- Amigos Ħamrun
- St. Dorothy's Sliema
- Chocoholic Confectionery
- Maypole Bakery
- Savio College
- Staff across The Ministry for Health and Active Ageing, including hospitals and clinical departments/units.
- FSWS
- Sannat Gozo Parish Church
- Frank Salt
- D Burgers Ħamrun

The support of the following organisations is ongoing:

- Hartons
- Victory Kitchen
- Malta Food bank
- The Alfred Mizzi Foundation
- TTBL Limited

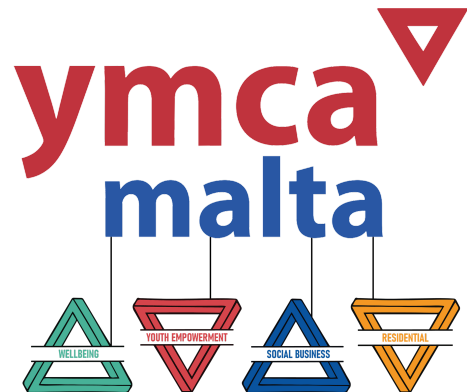
- Panku Streetfood
- ST Media Company Limited
- Maypole

An enormous thank you to these organisations. Your philanthropy is much appreciated.

If you or an organisation you work for would like to contribute to the Needs Support Programme and help us gather food and other essentials for our programmes, please do not hesitate to contact us.

Thank you

If you would like to support us further, click [here](#)



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